

An Interview with Matchmaker & Dating Coach, Toby Lieder

Single: "What is a Matchmaker Dating Coach, and what exactly do you offer?"

Toby: "I became a Dating Coach while matchmaking, realizing that many singles I work with struggle to articulate the most important qualities they are looking for in a spouse."

The Coaching Formula:

Toby: "After doing matchmaking for over 40 years, I developed a formula called 'The 5 Dealbreakers,' helping singles gain confidence and navigate their matchmaking search. This aids in identifying non-negotiable values, providing clarity, and understanding of their 'real core values' in a future spouse."

Coaching Session Example:

Single: "Can you give me an example of a coaching session you most recently had with a single? What was their concern, and how did you help them?"

Toby: "This week, a 26-year-old girl shared her puzzling situation. She's been dating for 5 years, unable to pinpoint what might be going wrong. In coaching, I commended her for taking responsibility, emphasizing the importance of self-improvement, and gaining clarity in the matchmaking search. Together we discovered her 5 most important qualities that she needed but couldn't tap into till now."

Coaching Process:

Single: "Do you get this type of question often? What did you advise her? What is your process in coaching her through this puzzle?"

Toby: "Many singles blame the system without self-analysis. In coaching, we work on recognizing blind spots and gaining insights. The process involves a 2-hour session via Zoom."

Involvement with Matchmaking:

Single: "Toby, when did you first start getting involved with matchmaking?"

Toby: "In 1977, as newlyweds, my husband and I started matchmaking, making over a dozen successful matches that first year. Motivated, I've remained actively involved all the years."

Impact and Motivation:

Single: "How does it feel knowing you are making a difference in people's lives?"

Toby: "It's exhilarating, knowing Hashem chose us to be messengers, bringing two souls together. The positive impact of successful matches is immensely rewarding, despite the frustrations! About 1/30 matches that are set up work out!

Motivational Factors:

Single: "What keeps you motivated despite the challenges?"

Toby: "Focusing on the positive impact of successful matches. Every engagement is like finding a diamond in the rough. Coaching young singles also adds a new rewarding dimension by equipping them with the knowledge, clarity, and confidence to seek the right match for them personally".

Messages After Coaching:

Single: "What message do singles come out with after an interview, having this Dating Coach session?"

Toby:

Clarity:

They gain confidence, self-understanding, and most of all, clarity in navigating the matchmaking scene.

Perspective:

Emphasis on the importance of these core values in maintaining a healthy perspective during marriage challenges.

Research:

They are encouraged to do thorough research before committing to a potential match. Check in *tobydatingcoach.com* for 31 open ended questions to ask when doing research.

The List:

Recommended to regularly review of their 5 dealbreakers before and after each date. As a foundational checklist.

Parental Involvement Tips:

Single: "What can parents do to prepare and play a proactive role in their child's matchmaking?"

Toby:

Professional Profile Presentation:

Assist them for a well-presented, professional looking profile. You never get a second chance to make a first impression.

Matchmaker:

Parents can hire a qualified and dedicated matchmaker/dating coach. Being in touch with matchmaker every 2 weeks.

Investments for Parents:

Proactive actions, such as a friendly monthly reminder WhatsApp blast with singles profile included, (only to close family and friends) to support their child's search.

Singles Preparation Advice:

Single: "What can singles do to prepare themselves for matchmaking?"

Toby:

Forgiveness:

Singles are encouraged to resolving past conflicts to eliminate potential blockages. Think whom they might have possibly hurt.

Friends and Family:

Judging potential suggestions favourably and giving fair chances, minimizing external influences. Be *melamed zchus*.

Dress Code:

Awareness of the importance of a professional and presentable appearance, including rested up, clean car, tucked in shirt, etc.

Open-mindedness:

Thinking 'out of the box' and being open to all possibilities. Past recommended ideas. The past doesn't equal the future.

Distinguishing Acceptable 'Weaknesses', red flags:

Single: "How can we distinguish an acceptable 'weaknesses' from an unacceptable one?"

Toby:

The 5 Dealbreakers:

Toby's method for recognizing and evaluating core values provides a guide to filter potential weaknesses. Making you more alert in looking out for red flags! Awareness is the key.

Engagement After Coaching:

Single: "Do singles get engaged soon after coaching sessions?"

Toby: "By singles gaining awareness, authenticity, and confidence with coaching, they navigate the dating scene more effectively, potentially leading to quicker engagements."

Closing Remarks:

Single: "Thank you for your time answering our questions and the amazing service to all those that need you."

Toby Lieder: "Your welcome, my pleasure".

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